

COLD STARTERS

houmous (v) (gf)	6.90
chick peas, tahini, lemon juice and garlic	
cacik (v) (gf)	6.90
cucumber, mint and a hint of garlic in creamy yogurt	
babaganoush (v) (gf)	7.90
char-grilled aubergine, yogurt, garlic and tahini, sharpened with lemon	

taramasalata (gf)	6.90
freshly prepared whipped cod roe pate	
beetroot salad (v) (gf)	8.45
cubes of cooked beetroot, feta cheese, fresh herbs, pickles, spring onion, cherry tomatoes and dressing	
aubergine in sauce (v) (gf) (vg)	7.90
cubes of aubergine, onions, garlic, green, yellow and red peppers in tomato sauce	
purple beetroot (v) (gf) NEW	6.90
beetroot flavoured with garlic, yogurt, apple	

fatoush salad (v) (gf)	8.45
sun dried tomatoes, pomegranite, cherry tomatoes, cucumber, radish, spring onion, olives, rocket, mixed lettuce, croutons, onion and dressing	
tabbouleh (v) (vg)	7.45
finely chopped parsley, crushed wheat, red, green and yellow peppers, spring onion, tomatoes, lemon, cucumber, olive oil, herbs, pomegranate dressing topped pomegranate seeds	

marinated green olives (v) (gf)	5.95
meze platter (v)	11.45
houmous, cacik, babaganoush, aubergine in sauce, tabbouleh, purple beetroot	
Izgara sharing (v)	17.95
(2 people can share)	
houmous, cacik, babaganoush, aubergine in sauce, tabbouleh, purple beetroot	

CREAMED
MASHED
POTATOES
5.95

HOT STARTERS

calamari (v) (gf)	8.95
deep fried squid served with homemade tartar sauce	
falafel (v) (vg) (gf)	8.95
chick peas, carrots, green, yellow and red peppers, onions, garlic, coriander, celery, broad beans, lightly fried. Served with houmous	
halloumi grill (v) (gf)	8.95
grilled Cypriot cheese, a garnish of tomatoes and rocket	
courgette fritters (v)	8.95
deep fried courgette mixed with fetacheese, spring onion, dill, and herbs (contains: egg and flour). Served with yoghurt	

bosphorus sausage grill (gf)	8.95
grilled slices of Turkish beef sausage. A garnish of tomatoes and rocket	
halloumi and bosphorus sausage grill	8.95
grilled Turkish beef sausage and halloumi cheese. A garnish of tomatoes and rocket	
cigar borek (v)	8.45
cigar shaped filo pastry filled with feta cheese and parsley. Served with seet chilli sauce	
houmous with meat (gf) NEW	9.95
chick peas, tahini, lemon juice, garlic, and drizzled with lamb's meat	

chicken liver	9.45
freshly pan fried diced chicken liver. Cooked with red onion, garnished with cherry tomatoes	
lahmacun NEW	4.25
Turkish pizza topped with minced meat, onions and peppers. Served with salad	
mushrooms and halloumi (v)	8.95
Pan fried Cypriot cheese and mushrooms, with butter and spices	
meatballs (gf)	9.45
(spicy hot option available) minced meat, finely chopped onions, peppers, mixed herbs and tomato. Cooked in a tomato sauce	

sauteed king prawns (gf)	10.45
(spicy hot option available)	
sauteed king prawns in garlic with cherry tomatoes, peppers and cooked in a tomato sauce	
hot meze platter	12.95
halloumi, bosphorus sausage, falafel, courgette fritters, cigar borek, calamari served with houmous	
Izgara sharing hot meze platter	19.95
(2 people can share) halloumi, bosphorus sausage, falafel, courgette fritters, cigar borek and calamari served with houmous	

ADD
BULGUR
4.50

THE GRILL

adana kofte (gf)	18.90
(spicy hot option available)	
spicy char-grilled minced lamb on a skewer and served with salad	
lamb shish kebab (gf)	21.90
marinated char-grilled cubes of lamb on a skewer and served with salad	
cop shish (gf)	21.90
marinated small char-grilled cubes of lamb on a skewer and served with salad	
mixed shish (gf)	20.90
selection of char-grilled lamb and chicken cubes served with salad	

chicken shish (gf)	19.90
marinated char-grilled cubes of chicken breast on a skewer and served with salad	
lamb cutlets (gf)	23.45
seasoned tender char-grilled lamb chops and served with salad	
mixed grill (gf)	25.45
a selection of lamb chop, cop shish, adana kofte, chicken wings and chicken on the bone. Served with salad	
chicken on the bone (gf)	20.45
(spicy hot option available) marinated char-grilled chicken leg on a skewer and served with salad	

chicken wings (gf)	19.90
(spicy hot option available)	
char-grilled chicken wings. Served with salad	
lamb spare ribs (gf)	21.45
char-grilled lamb spare ribs. Served with salad	
mixed chicken grill (gf) NEW	23.95
chicken shish, chicken kofte, chicken wings, chicken on the bone. Served with salad	

All dishes can be substituted
with chips or rice

chicken sarma beyti	22.45
(spicy hot option available) char-grilled minced chicken seasoned with herbs and garlic. Wrapped in bread topped with mozzarella cheese and a special Izgara tomato sauce. Drizzled with melted butter. Served with bulgur rice	
lamb sarma beyti	22.90
(spicy hot option available) char-grilled-minced lamb seasoned with herbs and garlic. Wrapped in bread topped with mozzarella cheese and a special Izgara tomato sauce. Drizzled with melted butter. Served with bulgur rice	

ADD
RICE
4.50ADD
FRENCH
FRIES
4.95

HOUSE SPECIALS

iskender	21.90
choice of cop shish, chicken shish, lamb kofte or chicken kofte, placed on a bed of bread, topped with tomato sauce, yogurt and drizzled with melted butter. Served with salad	
kleftiko (gf)	20.95
oven slow cooked lamb shank with baby potatoes, celery, carrots and herbs in a tomato sauce. Served with rice or mashed potatoes	

lamb saute	21.45
(spicy hot option available) pan fried small cubes of lamb with eggplant, onions, peppers and cherry tomato sauce. Topped with mashed potatoes	
chicken saute (gf)	21.45
(spicy hot option available) pan fried small cubes of chicken with onions, peppers and cherry tomato in a tomato sauce. Served with rice	

Izgara special kofte NEW	21.45
oven cooked kofte with breadcrumbs, onion, parsley, flour, herbs. Served with a creamy sauce and homemade gravy sauce. Served with hand cut chips	
chicken asparagus (gf)	21.45
small cubes of diced chicken breast cooked in a light creamy mushroom saffron sauce. Topped with asparagus, cherry tomatoes and spinach. Served with rice	

izgara steak	26.95
marinated fillet of lamb. Served with hand cut chips and homemade gravy sauce	
mixed iskender NEW	21.90
Selection of lamb kofte, chicken kofte placed on a bed of bread, topped with tomato sauce, yogurt and drizzled with melted butter, served with salad	

ADD
SWEET
POTATO
FRIES
6.50

FISH

salmon (gf)	22.45
char-grilled salmon. Served with salad or chips	
whole sea bass (gf)	22.95
char-grilled sea bass. Served with salad or chips	
mixed fish shish (gf)	25.95
marinated large cubes of halibut, salmon. Served with salad or chips	

VEGETARIAN

falafel (v) (gf)	17.95
chick peas, carrots, broad beans peppers, celery, onions, garlic and coriander and lightly fried. Served with houmous	
vegetarian grill (v) (gf) (vg)	18.95
char-grilled aubergine, tomatoes, mushrooms, peppers, onions, and courgettes on a skewer topped with a dressing	
courgette fritters (v)	18.95
deep fried courgette mixed with feta cheese, pepper, spring onion, dill, carrot, and herbs (contains: egg and flour). Served with rice and yoghurt	
imam bayildi (v) (gf) (vg)	19.95
oven baked aubergine filled with peppers, onions and garlic cooked in a tomato sauce. Served with rice	
vegetarian mousakka (v) (gf)	19.95
aubergine, red, yellow and green peppers, chick peas, garlic, onions, green peas, potatoes, carrots, courgette covered with bechamel sauce and cheddar cheese. Served with rice	
mushroom dolma (v) (gf)	18.95
mushrooms filled with baby spinach, olives, peas, corn, chick peas, onions and peppers. Topped with cheddar cheese and baked in the oven. Served with rice	
Izgara borek (v) (gf) NEW	18.95
fillo pastry filled with feta cheese, spinach, onions topped with cheddar cheese and tomato sauce. Served with rice	

SIDES

plain rice (v) (gf)	4.50
basmati rice	
bulgur rice (v)	4.50
crushed wheat with onions and peppers, cooked with a tomato paste	
french fries (v) (gf) (vg)	4.95
sweet potato fries (v) (gf) (vg)	6.50
grilled mushrooms (v) (gf) (vg)	9.45
char-grilled mushrooms, peppers, onions, courgette and tomatoes, topped with a pomegranate dressing	
creamed mashed potatoes (v)	5.95
sauteed baby potatoes (v) (gf)	5.95

SALADS

mixed salad (v) (gf) (vg)	8.95
(feta cheese option available)	
mixed leaves, onions, tomatoes, cucumber, carrot, red cabbage, olives, white raddish, pickled cucumber, parsley with dressing	
avocado/halloumi salad (v) (gf)	15.95
mixed leaves, halloumi, avocado, cherry tomatoes, rocket, baby spinach, cucumber, white raddish, olives and red onion, with a dressing	
chicken salad (gf) NEW	17.90
mixed leaves, halloumi, avocado, cherry tomatoes, rocket, baby spinach, cucumber, white raddish, olives and red onion, with a dressing topped with grilled chicken	

ADD
GRILLED
VEG
9.45ADD
MIXED
SALAD
8.95

Sharing Full Platter

(For 3 or 4 people)

Selection of cold starters:
houmous, cacik, aubergine in sauce, babaganoush, tabbouleh, green beans.

Selection of hot starters:
halloumi, bosphorus sausage, falafel, courgette fritters, cigar borek, calamari. Served with houmous.

Selection of grills:
chicken kofte, lamb shish, chicken shish, lamb ribs, adana kofte, chicken on the bone and chicken wings. Served with rice, salad and bread.

£119.45

ADD
BABY
POTATOES
5.95gf = gluten free
v = vegetarian
vg = vegan
n = nuts

If you have any allergies, such as celery, gluten, crustaceans, eggs, fish, lupin, milk, molluscs, mustard, peanuts, sesame, soybeans, sulphites, tree nuts or other special dietary requirements then please notify your server.

All prices include VAT.

IZGARA
TRADERS